# 2021 MANIFESTATION FAST

-EPHESIANS 3:20

ST. JAMES COMMUNITY CHURCH WILLIAM E. HALL | PASTOR

# WHATIS FASTING?

- Fasting is a commitment to give up certain pleasures with the purpose of connecting more with God.
- Fasting is an expectation for all who follow the teachings of Jesus.
- Fasting is also coupled with prayer, meditation, worship, and reading the Word of God.
- Fasting is a journey to renew your body and mind from the wear and tear of life.



### Let's Get Ready To Fast

FEBRUARY 17 - APRIL 4, 2021

46 DAYS





2. Pick Your Daily Readings



3. Pray Daily with the St. James Community



4. Make a Musical Playlist

"WHEN YOU FAST, DO NOT LOOK SOMBER AS THE HYPOCRITES DO, FOR THEY DISFIGURE THEIR FACES TO SHOW OTHERS THEY ARE FASTING.



### Pick your Manifestation Fast Sacrifice FEBRUARY 17 - APRIL 4, 2021

46 DAYS

### **FOCUS TRACK**

15mins of social media

No secular music.

30mins of TV.

2 Meals A Day

No Sweets

No Junk Food

No Fried Food

No Alcohol

No Tabacco

No sex (if you are not married)

Water | 100% Pressed Juice | Tea

### NEW LIFE JOURNEY TRACK

2 Meals A Day

No Sweets

No Junk Food

No Fried Food

No Alcohol

No Tabacco

No sex (if you are not married)

Water | 100% Pressed Juice | Tea

### WISE AND WITTY (65+)

2 Meals A Day

1 Sweet Treat

No Fried Food

Water | 100% Juice | Tea





# Pick Your Manifestation Readings

### SCRIPTURE READINGS

**Book of Galatians** 

Book of Luke

Psalms (1-150)

Ephesians 3:20

FEBRUARY 17 - APRIL 4, 2021 46 DAYS

### BOOKS

Following Jesus (David Lowry)
Love Is The Way (Bishop Curry)

Strength To Love (Dr. Martin King)



**JAMES 5:16b** 





These are focus areas for our community prayers.

#### WEEK 1

Family Members

#### WEEK 2

City, Country, and World

### WEEK 3

Elders You Know

#### WEEK 4

Women Who You Know

#### WEEK 5

Men Who You Know

#### WEEK 6

Young People You Know

#### WEEK 7

St. James Community Church

- Take a moment and write down the names of individuals during those specific weeks of prayer.
- Join us for 5am Fervent Prayer on the 1st and 3rd Thursday of the month online at www.loveserveshare.org

"GOD IS A SPIRIT: AND THEY THAT
WORSHIP HIM MUST WORSHIP HIM IN
SPIRIT AND IN TRUTH.

JOHN 4:24





### Manifestation Playlist

FEBRUARY 17 - APRIL 4, 2021 46 DAYS "GOD IS" RICKY DILLARD

"HEAR MY CRY"
FRED HAMMOND

"GRACE"
TASHA COBBS

"PSALMS 42"
FRED HAMMOND

"REDEEMED PRAISE" V. MICHAEL MCKAY

"HE'S A KEEPER"
RODNEY BRYANT

"MY MIND'S MADE UP" MILTON BRUNSON

"REDEMPTION SONG" BOB MARLEY

"I GIVE MYSELF AWAY" WILLIAM MCDOWELL



## Week 1 MANIFESTATION FAST

### **AREA OF PRAYER**

Family Members 5:00AM (2.18) Online Fervent Prayer

### POWER SCRIPTURES

Galatians 5:13

Luke 10:19

Psalm 1

Ephesians 3:20 (Daily Affirmation Verse)

### **WORD WEDNESDAY**

7:00PM CST Online Ash Wednesday Service

### **FOOD FOR THOUGHT**

Are you still bitter about a moment in your past?

### **VIEW ONLINE**







### Week 2 MANIFESTATION FAST

### **AREA OF PRAYER**

Your City, Country, and World

### **POWER SCRIPTURES**

Galatians 5:16

Luke 6:3

Psalm 27

Ephesians 3:20 (Daily Affirmation Verse)

### WORD WEDNESDAY

12Noon and 7PM CST Online Bible Study

### FOOD FOR THOUGHT

Celebrate those who are loyal and loving to you.

### VIEW ONLINE







### **VIEW ONLINE**





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### Week 3 MANIFESTATION FAST

### **AREA OF PRAYER**

Elders You Know 5:00AM (3.4) Online Fervent Prayer

### **POWER SCRIPTURES**

Galatians 6:7

Luke 12:37

Psalm 23

Ephesians 3:20 (Daily Affirmation Verse)

### **WORD WEDNESDAY**

12Noon and 7PM CST Online Bible Study

### FOOD FOR THOUGHT

Peace is alignment.
Where are you out of line in your life?







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### Week 4 MANIFESTATION FAST

### **AREA OF PRAYER**

Women You Know

### **SCRIPTURE READINGS**

Galatians 5:7

Luke 12:12

Psalm 90

Ephesians 3:20 (Daily Affirmation Verse)

### WORD WEDNESDAY

12Noon and 7PM CST Online Bible Study

### **FOOD FOR THOUGHT**

Pick up the pace.



### Week 5 MANIFESTATION FAST

### **AREA OF PRAYER**

Men You Know. 5:00AM (3.18) Online Fervent Prayer

### **POWER SCRIPTURES**

Galatians 5:22-23

Luke 12:22-31

Psalm 150

Ephesians 3:20 (Daily Affirmation Verse)

### **WORD WEDNESDAY**

12Noon and 7PM CST Online Bible Study

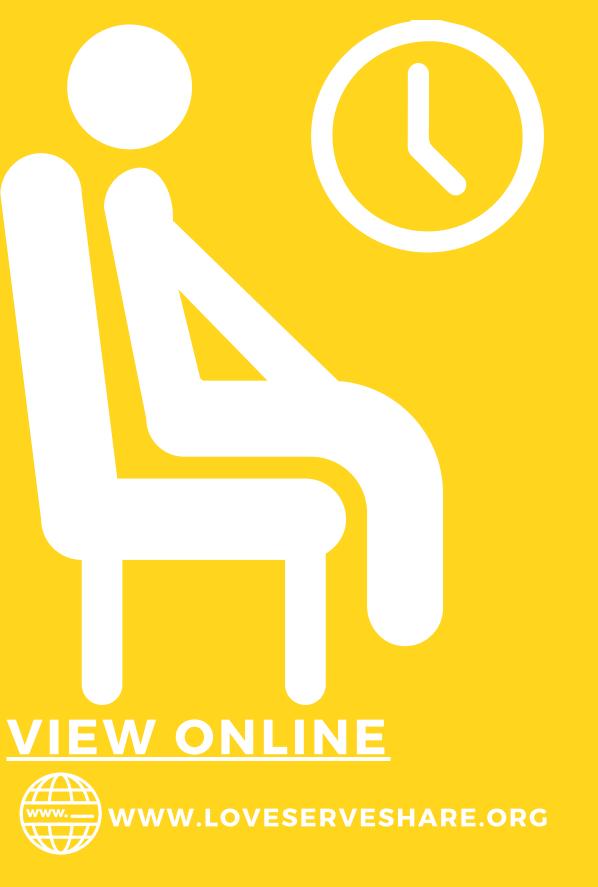
### FOOD FOR THOUGHT

How can you improve your self-love and self-care?

### **VIEW ONLINE**







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## Week 6 MANIFESTATION FAST

### **AREA OF PRAYER**

Young People You Know.

### **POWER SCRIPTURES**

Galatians 5:26

Luke 5:27-31

Psalm 3

Ephesians 3:20 (Daily Affirmation Verse)

### **WORD WEDNESDAY**

12Noon and 7PM CST Online Bible Study

### FOOD FOR THOUGHT

What are you doing while you are waiting on God?



### **AREA OF PRAYER**

St. James Community Church 5:00AM (4.1) Online Fervent Prayer

### **POWER SCRIPTURES**

Galatians 6:3

Luke22:66-70

Psalm 22

Ephesians 3:20 (Daily Affirmation Verse)

### **WORD WEDNESDAY**

12Noon and 7PM CST Online Bible Study

### FOOD FOR THOUGHT

Sacrifice makes room for more grace.



### VIEW ONLINE



